

Rochdale Harriers A.C. - 2014 Road Race Championship - Group Tables

Mens		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Chris Merchant	5	29	29		32	32		29	122
2	Ian Roberts	5	28	28	29			32	32	121
3	Ian Douglas	4				29	28	29	28	114
4	John Mayall	4	21		28	28			27	104
5=	Craig Sykes	5	20	25	27		25		25	102
5=	Mike Winstanley	4				26	24	28	24	102
7=	Derek Simpson	3	32	32	32					96
7=	Stephen Wild	4	19	24	26	27				96
9	Rob McLean	5	18	23		25	23		19	90
10	Phillip Bennett	3	27	27			29			83
11=	Nick Barton	2		26			26			52
11=	Ian Stainthorpe	2	25				27			52
13	Mark Walker	2	23						26	49
14	Jon Lane	1	26							26
15	John Cook	1	24							24
16	Jeff McCarthy	1							23	23
17=	Ian Aitchison	1	22							22
17=	Phil Roberts	1							22	22
19	Ian Holloway	1							21	21
20	Richard Mason	1							20	20

Ladies		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Hazel Carruthers	5	32	32	32			29	32	128
2	Anna Blomfield	5	29		29	32	32	32		125
3	Jan Needham	4	28	28			29		29	114
4	Jill Butterworth	5	27	29	28			28	27	112
5	Karen Conduit	5	23		27	29		27	23	106
6	Joanne Walsh	3	25				28		26	79
7	Ann-Marie McGilvray	2	26						28	54
8	Brenda Robinson	2	22						22	44
9	Catherine Unwin	2	21						21	42
10	Julia Moore	1					27			27
11	Caroline Fortnum	1							25	25
12=	Lorraine Leary	1	24							24
12=	Jackie Mason	1							24	24

Rochdale Harriers A.C. - 2014 Road Race Championship - Group Tables

Male Vet 40		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Chris Merchant	5	32	32		32	32		32	128
2	Craig Sykes	5	29	29	32		29		29	119
3	Jeff McCarthy	1							28	28
4										

Male Vet 45		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Mark Walker	2	32						32	64
2										
3										
4										

Male Vet 50		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	John Mayall	4	29		32	32			32	125
2	Stephen Wild	4	28	32	29	29				118
3	Ian Stainthorpe	2	32				32			64
4										

Male Vet 55		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1=	John Cook	1	32							32
1=	Richard Mason	1							32	32
3	Ian Aitchison	1	29							29
4										

Male Vet 60+		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Mike Winstanley	4				32	32	32	32	128
2	Phil Roberts	1							29	29
3	Ian Holloway	1							28	28
4										

Rochdale Harriers A.C. - 2014 Road Race Championship - Group Tables

Female Vet 40		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Jill Butterworth	5	32	32	32			32	32	128
2	Caroline Fortnum	1							29	29
3										
4										

Female Vet 45		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Joanne Walsh	3	29				32		29	90
3	Ann-Marie McGilvray	2	32						32	64
3	Catherine Unwin	2	28						28	56
4	Julia Moore	1					29			29

Female Vet 50		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Anna Blomfield	5	32		32	32	32	32		128
2	Jackie Mason	1							32	32
3	Lorraine Leary	1	29							29
4										

Female Vet 55		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Karen Conduit	5	32		32	32		32	32	128
2										
3										
4										

Female Vet 60+		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1	Jan Needham	4	32	32			32		32	128
2	Brenda Robinson	2	29						29	58
3										
4										

Rochdale Harriers A.C. - 2014 Road Race Championship - Group Tables

Under 23 Male		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1										
2										
3										
4										

Under 23 Female		No. Of Races Completed	Colin & Brenda Robinson 5K	Salford 10K	Horwich Jubilee 5 mile road race	Great Warford 10 mile road race	Sale Sizzler 5K (race 4/4)	Blackpool Hilton Half Marathon	Ron Hill 5K	Total (Best 4 Races To Count)
1										
2										
3										
4										

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 1, Colin & Brenda Robinson 5K, 2nd April 2014

5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Derek Simpson	0 . 16 . 38	32	30	0.9975	0 . 16 . 35	77.75
Chris Merchant	0 . 16 . 51	29	40	0.9451	0 . 15 . 55	81.01
Ian Roberts	0 . 17 . 02	28	27	1.0000	0 . 17 . 02	75.73
Phillip Bennett	0 . 17 . 04	27	23	1.0000	0 . 17 . 03	75.59
Jon Lane	0 . 17 . 11	26	32	0.9922	0 . 17 . 02	75.66
Ian Stainthorpe	0 . 18 . 52	25	52	0.8606	0 . 16 . 14	79.45
John Cook	0 . 19 . 33	24	56	0.8324	0 . 16 . 16	79.27
Mark Walker	0 . 19 . 49	23	47	0.8958	0 . 17 . 45	72.67
Ian Aitchison	0 . 19 . 56	22	57	0.8254	0 . 16 . 27	78.41
John Mayall	0 . 20 . 59	21	51	0.8676	0 . 18 . 12	70.86
Craig Sykes	0 . 21 . 27	20	43	0.9240	0 . 19 . 49	65.09
Stephen Wild	0 . 22 . 54	19	52	0.8606	0 . 19 . 42	65.46
Rob McLean	0 . 26 . 19	18	37	0.9662	0 . 25 . 25	50.73

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Hazel Carruthers	0 . 20 . 35	32	27	1.0000	0 . 20 . 34	71.90
Anna Blomfield	0 . 21 . 30	29	52	0.8610	0 . 18 . 30	79.95
Jan Needham	0 . 22 . 22	28	61	0.7629	0 . 17 . 03	86.73
Jill Butterworth	0 . 23 . 32	27	41	0.9617	0 . 22 . 37	65.39
Ann-Marie McGilvray	0 . 24 . 53	26	48	0.9040	0 . 22 . 29	65.79
Joanne Walsh	0 . 24 . 55	25	47	0.9139	0 . 22 . 46	64.99
Lorraine Leary	0 . 24 . 57	24	50	0.8828	0 . 22 . 01	67.19
Karen Conduit	0 . 26 . 12	23	59	0.7847	0 . 20 . 33	71.99
Brenda Robinson	0 . 28 . 29	22	70	0.6648	0 . 18 . 56	78.16
Catherine Unwin	0 . 33 . 43	21	49	0.8937	0 . 30 . 07	49.12

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 16 . 51	32	40	0.9451	0 . 15 . 55	81.01
Craig Sykes	0 . 21 . 27	29	43	0.9240	0 . 19 . 49	65.09

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mark Walker	0 . 19 . 49	32	47	0.8958	0 . 17 . 45	72.67

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Stainthorpe	0 . 18 . 52	32	52	0.8606	0 . 16 . 14	79.45
John Mayall	0 . 20 . 59	29	51	0.8676	0 . 18 . 12	70.86
Stephen Wild	0 . 22 . 54	28	52	0.8606	0 . 19 . 42	65.46

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Cook	0 . 19 . 33	32	56	0.8324	0 . 16 . 16	79.27
Ian Aitchison	0 . 19 . 56	29	57	0.8254	0 . 16 . 27	78.41

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 1, Colin & Brenda Robinson 5K, 2nd April 2014 - continued

5 Kilometre Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 23 . 32	32	41	0.9617	0 . 22 . 37	65.39

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 24 . 53	32	48	0.9040	0 . 22 . 29	65.79
Joanne Walsh	0 . 24 . 55	29	47	0.9139	0 . 22 . 46	64.99
Catherine Unwin	0 . 33 . 43	28	49	0.8937	0 . 30 . 07	49.12

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 21 . 30	32	52	0.8610	0 . 18 . 30	79.95
Lorraine Leary	0 . 24 . 57	29	50	0.8828	0 . 22 . 01	67.19

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Karen Conduit	0 . 26 . 12	32	59	0.7847	0 . 20 . 33	71.99

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jan Needham	0 . 22 . 22	32	61	0.7629	0 . 17 . 03	86.73
Brenda Robinson	0 . 28 . 29	29	70	0.6648	0 . 18 . 56	78.16

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 2, Salford 10K, 18th April 2014

10 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Derek Simpson	0 . 33 . 10	32	30	0.9975	0 . 33 . 05	81.16
Chris Merchant	0 . 33 . 43	29	40	0.9451	0 . 31 . 51	84.26
Ian Roberts	0 . 35 . 04	28	27	1.0000	0 . 35 . 04	76.57
Phillip Bennett	0 . 35 . 05	27	23	1.0000	0 . 35 . 05	76.53
Nick Barton	0 . 39 . 36	26	39	0.9521	0 . 37 . 42	71.21
Craig Sykes	0 . 43 . 22	25	43	0.9240	0 . 40 . 04	67.01
Stephen Wild	0 . 47 . 24	24	53	0.8536	0 . 40 . 27	66.36
Rob McLean	0 . 59 . 14	23	37	0.9662	0 . 57 . 13	46.91

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Hazel Carruthers	0 . 41 . 50	32	27	1.0000	0 . 41 . 50	72.50
Jill Butterworth	0 . 47 . 54	29	41	0.9617	0 . 46 . 03	65.84
Jan Needham	0 . 50 . 55	28	61	0.7629	0 . 38 . 50	78.08

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 33 . 43	32	40	0.9451	0 . 31 . 51	84.26
Craig Sykes	0 . 43 . 22	29	43	0.9240	0 . 40 . 04	67.01

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Stephen Wild	0 . 47 . 24	32	53	0.8536	0 . 40 . 27	66.36

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 47 . 54	32	41	0.9617	0 . 46 . 03	65.84

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 2, Salford 10K, 18th April 2014 - continued

10 Kilometre Age Grading Tables Used

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jan Needham	0 . 50 . 55	32	61	0.7629	0 . 38 . 50	78.08

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 3, Horwich Jubilee 5 mile road race, 21st May 2014

5 Mile Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Derek Simpson	0 . 26 . 27	32	30	0.9975	0 . 26 . 23	80.86
Ian Roberts	0 . 29 . 12	29	27	1.0000	0 . 29 . 12	73.06
John Mayall	0 . 34 . 16	28	51	0.8676	0 . 29 . 43	71.76
Craig Sykes	0 . 34 . 43	27	43	0.9240	0 . 32 . 04	66.50
Stephen Wild	0 . 38 . 59	26	53	0.8536	0 . 33 . 16	64.11

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Hazel Carruthers	0 . 33 . 53	32	27	1.0000	0 . 33 . 53	71.42
Anna Blomfield	0 . 35 . 09	29	53	0.8501	0 . 29 . 52	80.99
Jill Butterworth	0 . 39 . 06	28	41	0.9617	0 . 37 . 36	64.36
Karen Conduit	0 . 43 . 53	27	59	0.7847	0 . 34 . 26	70.28

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Craig Sykes	0 . 34 . 43	32	43	0.9240	0 . 32 . 04	66.50

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 34 . 16	32	51	0.8676	0 . 29 . 43	71.76
Stephen Wild	0 . 38 . 59	29	53	0.8536	0 . 33 . 16	64.11

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 39 . 06	32	41	0.9617	0 . 37 . 36	64.36

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 35 . 09	32	53	0.8501	0 . 29 . 52	80.99

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 3, Horwich Jubilee 5 mile road race, 21st May 2014 - continued

5 Mile Age Grading Tables Used

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Karen Conduit	0 . 43 . 53	32	59	0.7847	0 . 34 . 26	70.28

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 4, Great Warford 10 Mile road race, 27th July 2014

10 Mile Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 57 . 54	32	40	0.9542	0 . 55 . 14	80.36
Ian Douglas	1 . 07 . 42	29	37	0.9761	1 . 06 . 04	67.19
John Mayall	1 . 08 . 40	28	52	0.8659	0 . 59 . 27	74.67
Stephen Wild	1 . 24 . 05	27	53	0.8585	1 . 12 . 11	61.51
Mike Winstanley	1 . 25 . 57	26	66	0.7628	1 . 05 . 33	67.72
Rob McLean	1 . 52 . 39	25	37	0.9761	1 . 49 . 57	40.38

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	1 . 10 . 22	32	53	0.8501	0 . 59 . 49	83.08
Karen Conduit	1 . 35 . 26	29	59	0.7847	1 . 14 . 53	66.37

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 57 . 54	32	40	0.9542	0 . 55 . 14	80.36

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	1 . 08 . 40	32	52	0.8659	0 . 59 . 27	74.67
Stephen Wild	1 . 24 . 05	29	53	0.8585	1 . 12 . 11	61.51

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	1 . 25 . 57	32	66	0.7628	1 . 05 . 33	67.72

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	1 . 10 . 22	32	53	0.8501	0 . 59 . 49	83.08

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 4, Great Warford 10 Mile road race, 27th July 2014 - continued

10 Mile Age Grading Tables Used

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Karen Conduit	1 . 35 . 26	32	59	0.7847	1 . 14 . 53	66.37

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 5, Sale Sizzler 5K, 18th August 2014

5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 16 . 41	32	40	0.9451	0 . 15 . 46	81.81
Phillip Bennett	0 . 17 . 15	29	23	1.0000	0 . 17 . 15	74.78
Ian Douglas	0 . 18 . 16	28	37	0.9662	0 . 17 . 38	73.09
Ian Stainthorpe	0 . 19 . 10	27	53	0.8536	0 . 16 . 21	78.85
Nick Barton	0 . 19 . 47	26	39	0.9521	0 . 18 . 50	68.49
Craig Sykes	0 . 20 . 09	25	43	0.9240	0 . 18 . 37	69.29
Mike Winstanley	0 . 22 . 35	24	66	0.7620	0 . 17 . 12	74.96
Rob McLean	0 . 26 . 40	23	38	0.9592	0 . 25 . 34	50.43

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 20 . 12	32	53	0.8501	0 . 17 . 10	86.19
Jan Needham	0 . 21 . 19	29	61	0.7629	0 . 16 . 15	91.01
Joanne Walsh	0 . 25 . 18	28	48	0.9040	0 . 22 . 52	64.71
Julia Moore	0 . 27 . 30	27	49	0.8937	0 . 24 . 34	60.22

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 16 . 41	32	40	0.9451	0 . 15 . 46	81.81
Craig Sykes	0 . 20 . 09	29	43	0.9240	0 . 18 . 37	69.29

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Stainthorpe	0 . 19 . 10	32	53	0.8536	0 . 16 . 21	78.85

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 22 . 35	32	66	0.7620	0 . 17 . 12	74.96

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Joanne Walsh	0 . 25 . 18	32	48	0.9040	0 . 22 . 52	64.71
Julia Moore	0 . 27 . 30	29	49	0.8937	0 . 24 . 34	60.22

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Group Results For Race 5, Sale Sizzler 5K, 18th August 2014 - continued

5 Kilometre Age Grading Tables Used

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	0 . 20 . 12	32	53	0.8501	0 . 17 . 10	86.19

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jan Needham	0 . 21 . 19	32	61	0.7629	0 . 16 . 15	91.01

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

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Group Results For Race 6, Blackpool Hilton Half Marathon, 31st August 2014

Half Marathon Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Roberts	1 . 22 . 07	32	27	1.0000	1 . 22 . 06	72.09
Ian Douglas	1 . 29 . 07	29	37	0.9820	1 . 27 . 30	67.65
Mike Winstanley	2 . 00 . 45	28	66	0.7637	1 . 32 . 13	64.20

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	1 . 33 . 57	32	53	0.8501	1 . 19 . 52	82.45
Hazel Carruthers	1 . 34 . 45	29	27	1.0000	1 . 34 . 45	69.50
Jill Butterworth	1 . 57 . 18	28	41	0.9617	1 . 52 . 48	58.37
Karen Conduit	2 . 12 . 32	27	59	0.7847	1 . 43 . 59	63.32

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	2 . 00 . 45	32	66	0.7637	1 . 32 . 13	64.20

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	1 . 57 . 18	32	41	0.9617	1 . 52 . 48	58.37

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Anna Blomfield	1 . 33 . 57	32	53	0.8501	1 . 19 . 52	82.45

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 6, Blackpool Hilton Half Marathon, 31st August 2014 - continued

Half Marathon Age Grading Tables Used

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Karen Conduit	2 . 12 . 32	32	59	0.7847	1 . 43 . 59	63.32

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Rochdale Harriers & A.C. - 2014 Road Race Championship

All RHAC Results For Race 7, Ron Hill 5K, 25th September 2014

		Race Time	Group(s)	Overall Race Position	Overall Race Position (as female/male)	Position In Age Group (based on full race results)
1	Ian Roberts	0 . 16 . 42	Mens			
2	Chris Merchant	0 . 17 . 12	Mens/MV40			
3	Ian Douglas	0 . 18 . 24	Mens			
4	John Mayall	0 . 20 . 07	Mens/MV50			
5	Hazel Carruthers	0 . 20 . 14	Ladies			
6	Mark Walker	0 . 20 . 28	Mens/MV45			
7	Craig Sykes	0 . 20 . 39	Mens/MV40			
8	Jan Needham	0 . 22 . 06	Ladies/FV60+			
9	Mike Winstanley	0 . 22 . 25	Mens/MV60+			
10	Jeff McCarthy	0 . 22 . 40	Mens/MV40			
11	Ann-Marie McGilvray	0 . 23 . 17	Ladies/FV45			
12	Jill Butterworth	0 . 23 . 51	Ladies/FV40			
13	Phil Roberts	0 . 24 . 30	Mens/MV60+			
14	Joanne Walsh	0 . 24 . 46	Ladies/FV45			
15	Caroline Fortnum	0 . 24 . 47	Ladies/FV40			
16	Ian Holloway	0 . 24 . 57	Mens/MV60+			
17	Richard Mason	0 . 25 . 12	Mens/MV55			
18	Jackie Mason	0 . 26 . 52	Ladies/FV50			
19	Karen Conduit	0 . 27 . 10	Ladies/FV55			
20	Rob McLean	0 . 28 . 04	Mens			
21	Brenda Robinson	0 . 29 . 26	Ladies/FV60+			
22	Catherine Unwin	0 . 31 . 34	Ladies/FV45			
23						
24						
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Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 7, Ron Hill 5K, 25th September 2014

5 Kilometre Age Grading Tables Used

Mens	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ian Roberts	0 . 16 . 42	32	27	1.0000	0 . 16 . 42	77.25
Chris Merchant	0 . 17 . 12	29	40	0.9451	0 . 16 . 15	79.36
Ian Douglas	0 . 18 . 24	28	37	0.9662	0 . 17 . 46	72.56
John Mayall	0 . 20 . 07	27	52	0.8606	0 . 17 . 18	74.51
Mark Walker	0 . 20 . 28	26	47	0.8958	0 . 18 . 20	70.36
Craig Sykes	0 . 20 . 39	25	43	0.9240	0 . 19 . 04	67.61
Mike Winstanley	0 . 22 . 25	24	66	0.7620	0 . 17 . 04	75.52
Jeff McCarthy	0 . 22 . 40	23	45	0.9099	0 . 20 . 37	62.55
Phil Roberts	0 . 24 . 30	22	67	0.7550	0 . 18 . 29	69.74
Ian Holloway	0 . 24 . 57	21	64	0.7761	0 . 19 . 21	66.62
Richard Mason	0 . 25 . 12	20	56	0.8324	0 . 20 . 58	61.50
Rob McLean	0 . 28 . 04	19	38	0.9592	0 . 26 . 55	47.92

Ladies	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Hazel Carruthers	0 . 20 . 14	32	27	1.0000	0 . 20 . 14	73.15
Jan Needham	0 . 22 . 06	29	61	0.7629	0 . 16 . 51	87.78
Ann-Marie McGilvray	0 . 23 . 17	28	48	0.9040	0 . 21 . 02	70.32
Jill Butterworth	0 . 23 . 51	27	41	0.9617	0 . 22 . 56	64.53
Joanne Walsh	0 . 24 . 46	26	48	0.9040	0 . 22 . 23	66.10
Caroline Fortnum	0 . 24 . 47	25	40	0.9678	0 . 23 . 59	61.70
Jackie Mason	0 . 26 . 52	24	53	0.8501	0 . 22 . 50	64.80
Karen Conduit	0 . 27 . 10	23	59	0.7847	0 . 21 . 19	69.43
Brenda Robinson	0 . 29 . 26	22	70	0.6648	0 . 19 . 34	75.64
Catherine Unwin	0 . 31 . 34	21	49	0.8937	0 . 28 . 12	52.46

Male Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Merchant	0 . 17 . 12	32	40	0.9451	0 . 16 . 15	79.36
Craig Sykes	0 . 20 . 39	29	43	0.9240	0 . 19 . 04	67.61
Jeff McCarthy	0 . 22 . 40	28	45	0.9099	0 . 20 . 37	62.55

Male Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mark Walker	0 . 20 . 28	32	47	0.8958	0 . 18 . 20	70.36

Male Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Mayall	0 . 20 . 07	32	52	0.8606	0 . 17 . 18	74.51

Male Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Richard Mason	0 . 25 . 12	32	56	0.8324	0 . 20 . 58	61.50

Male Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Winstanley	0 . 22 . 25	32	66	0.7620	0 . 17 . 04	75.52
Phil Roberts	0 . 24 . 30	29	67	0.7550	0 . 18 . 29	69.74
Ian Holloway	0 . 24 . 57	28	64	0.7761	0 . 19 . 21	66.62

Rochdale Harriers & A.C. - 2014 Road Race Championship

Group Results For Race 7, Ron Hill 5K, 25th September 2014 - continued

5 Kilometre Age Grading Tables Used

Female Vet 40	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jill Butterworth	0 . 23 . 51	32	41	0.9617	0 . 22 . 56	64.53
Caroline Fortnum	0 . 24 . 47	29	40	0.9678	0 . 23 . 59	61.70

Female Vet 45	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Ann-Marie McGilvray	0 . 23 . 17	32	48	0.9040	0 . 21 . 02	70.32
Joanne Walsh	0 . 24 . 46	29	48	0.9040	0 . 22 . 23	66.10
Catherine Unwin	0 . 31 . 34	28	49	0.8937	0 . 28 . 12	52.46

Female Vet 50	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jackie Mason	0 . 26 . 52	32	53	0.8501	0 . 22 . 50	64.80

Female Vet 55	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Karen Conduit	0 . 27 . 10	32	59	0.7847	0 . 21 . 19	69.43

Female Vet 60+	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jan Needham	0 . 22 . 06	32	61	0.7629	0 . 16 . 51	87.78
Brenda Robinson	0 . 29 . 26	29	70	0.6648	0 . 19 . 34	75.64

Under 23 Male	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						

Under 23 Female	Race Time	Points	Age On Day Of Race	Age Adjusting Factor	Time After Age Adjustment	% Performance
There were no finishers in this age category						